

Stresa Headache 2019

INTERNATIONAL MULTIDISCIPLINARY SEMINAR

23-25 May, 2019

Regina Palace Hotel, Stresa (VB)

**Preliminary
Scientific
Program**

PATRONAGE REQUESTED

Italian Minister of Health
ANIRCEF - Italian Neurological Association for Headache Research
FICEF Onlus –Italian Headache Foundation (charity)
C. Besta Neurological Institute and Foundation
SIN – Italian Neurological Society
SNO – Society of Hospital Neurologists
IHS – International Headache Society

PRESIDENT OF THE CONGRESS

Gennaro Bussone (Milan)

SCIENTIFIC COMMITTEE

Elio Agostoni (Milan)
Giovanni B. Allais (Turin)
Piero Barbanti (Rome)
Vincenzo Bonavita (Naples)
Gennaro Bussone (Milan)
Bruno Colombo (Milan)
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Cinzia Finocchi (Genoa)
Fabio Frediani (Milan)
Licia Grazzi (Milan)
Massimo Leone (Milan)
Alan M. Rapoport (Los Angeles)

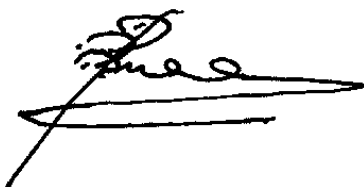
SCIENTIFIC SECRETARIAT

Marcella Curone (Milan)
Paola Di Fiore (Milan)
Vincenzo Tullo (Milan)

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INTRODUCTION

Let me introduce this ***International Multidisciplinary Seminar, Stress Headache 2019***, with some considerations about this illness that I have been studying for so many years. I was always impressed by the utterly subjective character of headaches. Patients, in fact, describe the symptoms, but these are often poorly objective and, as such, fall within the sphere of subjectivity: they call for a relation with a physician, a physician that has the ability to listen and to interpret the language of symptoms. Subjectivity is thus crucial and its value should be recognized, because it may bring to the surface those mysterious functional disorders that can hardly be evaluated in objective terms. However, because of this essential characteristic of subjectivity, it has been impossible so far to pin down causes for primary headaches: we have not found the hoped-for *primum movens* and it is increasingly clear that a headache condition may have several contributing causes: some are secondary to other conditions, others are disorders as such, diagnosis and treatment are often challenging. The field of headache research enjoyed a stimulating scientific momentum over the past few years, with important advances in the understanding of headache pathophysiology and major developments in pharmacotherapy. This Seminar is intended to focus on current clinical research and treatment for primary and secondary headaches.



Gennaro Bussone

This will include social aspects of headache conditions, the pathophysiology of primary headaches – with an emphasis on the latest neurophysiological and neurochemical findings – and recent theories on the chronicization of migraine. Recent functional neuroimaging findings, pertaining to adult migraine, adolescent migraine and cluster headache, will also be presented. Other lectures will explore the classification of chronic headaches, the diagnosis and treatment of adolescent migraine, relations between migraine with aura and acute cerebrovascular conditions, and headache in women. Other speakers will discuss headaches related to benign idiopathic hypertension without papilledema and visual disorders. Joining forces with other disciplines will provide exciting new opportunities for advancing the field of headache medicine. My optimism is also based on advances in the basic and clinical science of headache and some highly promising new approaches to headache therapy on the horizon. I trust that this Seminar, like previous meetings, will provide an important updating opportunity to all participants. I take this opportunity to thank all those that contributed, particularly Eva Communication for their unflagging organizational effort

Thursday, May 23, 2019

- 13:00-15:00 Registration
- 15:00-15:10 Welcome honoured guests
- 15:10-15:15 President's welcome
G. Bussone

SESSION I – Epidemiology of headache

Chairs: V. Bonavita, F. A. de Falco

- 15:15 -15:55 Cluster headache in relation to different age groups
G.C. Manzoni
- 15.35-15:55 The importance of the Community pharmacist in assessing self-medication in headaches
P. Brusa
- 15:55-16:00 *Discussion*
- 16:00-16:30 Key Lecture
Epidemiology and easy to apply management of medication-overuse headache
M.B. Russell
Introduced by **M. Leone**

SYMPOSIUM

- 16:30-17:30 Symposium
- 17:30-18:00 Key Lecture
Behavioral and Psychological Aspects of Cluster Headache: An Overview
F. Andrasik
Introduced by **L. Grazzi**

SESSION- Brief Communications

Chairs: D. D'Amico, D. Zarcone

- 16:30-17:30 Brief Communications

Friday, May 24 2019

SESSION – POSTERS

Chairs: M. Curone, F.d'Onofrio, M.C. Tonini

- 08:20-09:00 Poster Discussion

SESSION II – Neurobiology of headache

Chairs: A.M. Rapoport, L. Ferini Strambi

- 09:00-09:20 When does the brain choose pain?
F. Frediani
- 09:20-09:40 Does the migraine attack start in the cortex and the cortex is critical in the migraine process?
P. Barbanti
- 09:40-10:00 The role of neurotransmitters and neuromodulators in the pathogenesis of cluster headache: a review
G. D'Andrea
- 10:00-10:15 *Discussion*

SESSION III – Neuroimaging

Chairs: M. Aguggia, L. Fariselli

- 10:15-10:35 The contribution of neuroimaging in the study of the headache cluster: overview and new data
L. Chiapparini
- 10:35-10:55 The contribution of neuroimaging in the study of migraine: overview and new data
B. Colombo
- 10:55-11:05 *Discussion*
- 11:05-11:15 *Coffee break*

SESSION IV – Headache and Idiopathic Intracranial Hypertension

Chairs: F. Frediani, A. Padovani

- 11:15-11:35 Headache attributed to IIH: clinical evolution in IHS Criteria through the years
M. Curone
- 11:35-11:55 Role of venous stenosis in the pathophysiology of idiopathic intracranial hypertension
R. De Simone
- 11:55-12:15 Isolated CSF hypertension in chronic headache: diagnostic and therapeutic innovations
F. Bono
- 12:15-12:30 *Discussion*
- 12:30-13:00 Key Lecture
Translation of CGRP from basic science to new migraine therapy
L. Edvinsson
Introduced by **A.M. Rapoport**
- 13:00-14:30 Lunch

SESSION V – Clinical aspects of headaches - Part I

Chairs: A. Appollonio, F. Perini

- 14:30_14:50 The headache during pregnancy and in the postpartum
G.B. Allais
- 14:50-15:10 The most effective therapies for the treatment of adolescent headache
V. Guidetti
- 15:10-15:30 The role of electrophysiological investigations of masticatory muscles in patients with persistent idiopathic facial pain
H. Didier
- 15:30-15:45 *Discussion*

SESSION VI – Clinical aspects of headaches - Part II

Chairs: C. Finocchi, F. Vernieri

- 15:45 -16:05 Rare headaches: hemicranias continua, cluster tic and cluster migraine
P. Di Fiore
- 16:05-16:25 Sleep disorders related headache
L. Ferini Strambi
- 16:25-16:45 Unilateral recurrent periorbital pain: the role of the neuro-ophthalmologist
S. Bianchi Marzoli
- 16:45-17:00 *Discussion*
- 17:00-17:20 *Coffee break*
- 17:20-17:50 Key Lecture
- 17:50-18:20 Key Lecture
CGRP and headache
S. Tepper
Introduced by **D. D'Amico**

SESSION- Brief Communications

Chairs: G. Casucci, P. Querzani

- 18:20-19:00 Brief Communications

Saturday, May 25, 2019

SESSION VII – New therapeutic perspectives – Part I

Chairs: G. Bussone, G. D'Andrea

- 09:00-09:20 International clinical collaboration in headache medicine: visiting scholars program
P. Rizzoli
Introduced by **L. Grazzi**
- 09:20-09:40 Anti-GCRP in cluster headache therapy
M. Leone
- 09:40-10:00 Cluster headache: a cross point between othologist and neurologist
G. Felisati
- 10:00-10:15 *Discussion*
- 10:15-10:35 ANIRCEF President's Lecture
Leading symptoms in cerebrovascular disease: what about headache?
E. Agostoni
Introduced by **F. Frediani**

SESSION VIII – New therapeutic perspectives – Part II

Chairs: G. C. Manzoni, A. Salmaggi

- 10:35-10:55 The role of neuroradiotherapy in the treatment of trigeminal neuralgia and craniofacial pain
L. Fariselli
- 10:55-11:15 Neurosurgical indications in cranio-facial painful syndromes
A. Franzini
- 11:15-11:30 *Discussion*
- 11:30-12:00 Key Lecture
Update on Electrical Stimulation and Devices for Migraine and Cluster Headache
A.M. Rapoport
Introduced by **G. Bussone**
- 12:00-12:15 Best communication and best poster awards
- 12:15-12.30 Conclusions
G. Bussone

SPEAKERS and CHAIRS

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SCIENTIFIC INFORMATION

Official language of the Congress

The official language of the Congress is Italian.
Simultaneous translations are provided

ECM

As provided for by the Italian Ministry of Health within the framework of the Italian National Continuing Medical Education (CME) Program, the Congress shall issue CME credits to Physicians, Pharmacists, Psychologists, and Dentists. Provider: Association for Education in Headache (ASC- Associazione per una Scuola delle Cefalee, ID 619).

Abstracts

Abstract forms can be downloaded from www.anircef.it and from www.evacomunication.it.

Abstracts shall be in English, submitted through the abstract form, and compliant with the instructions contained in the website. Abstracts shall be received by the Scientific Secretariat via e-mail (stresa2019@asc-scuolacefalee.it) by and not later than **January 15, 2019**. The Scientific Secretariat shall notify to the authors whether their Abstracts have been accepted by January 25, 2019.

Brief communications

Brief communications, in English only, will be published as **short paper** in the Proceedings of the Seminar, in *Neurological Sciences*, and in the Official Journal of the Italian Neurological Society.

Posters

Abstracts of the accepted posters **will not be** published in the Proceedings of the Seminar.

Prizes

Prizes for the best brief communication and best poster, as judged by the Scientific Committee, will be awarded during a ceremony at the end of the proceedings. The authors should be on site to receive their award – otherwise the prize will be awarded to the runner-up.

GENERAL INFORMATION

Scientific Secretariat

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Organizing Secretariat

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Congress Venue

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Accommodation

The Organizing Secretariat will be happy to provide information on hotels in Stresa. Special rates are available at the REGINA PALACE HOTEL, the congress venue. For hotel reservations at the Regina Palace Hotel please download the specific booking form from www.anircef.it or www.evacommunication.it.

Seminar fees and how to register

Fees (incl. 22% VAT)	Registration by 15/4/2019	Dal 16/4 al 15/5/2019	On-site
Normal (Medici e altri specialisti)	€ 500,00	€ 600,00	€ 650,00
Young doctor* <i>*please attach certification</i> <i>Note: Does not include the social dinner</i>	€ 250,00	€ 300,00	€ 350,00
Sponsor	€ 250,00	€ 250,00	€ 300,00
Social Dinner (24/5)	€ 100,00	€ 100,00	€ 100,00

The Registration Form can be downloaded from www.anircef.it and from www.evacomunication.it .

For registration please send the duly filled registration form with the attached payment receipt to the Organizing Secretariat (EVA Communication S.r.l., Via R.R. Pereira 151/D - 00136 Rome, Tel.+39-06-6861549, Fax +39-06-68392125 Email: info@evacomunication.it). NOTE: Preregistrations shall be accepted until **May 15, 2019**. After such date registration will only be possible at the congress venue.

The registration fee shall include:

The registration fee shall include:

- Certificate of attendance
- The Seminar Proceedings (Neurological Sciences Supplement)
- The Congress kit
- Lunch (Friday, May 24)
- Dinner (Friday, May 24)*
- Coffee breaks

** except junior doctors that pay the reduced fee*

How to pay

* Check, made out to EVA Communication Srl sent to Via R.R. Pereira 151/D, 00136 Roma.

* Payment by bank draft in favour of EVA Communication Srl. The draft shall be directed to Banca Intermobiliare Investimenti e Gestioni SpA, Rome Branch Office, **IBAN IT 15 I 03043 03200 0045 7000 4162**

Penalties

For cancellations 60 days or more before the start of the Seminar, the entire fee shall be reimbursed minus any bank charges. For cancellations less than 60 but more than 30 days before the start of the Seminar, an administrative fee of 25% shall be deducted from reimbursement. For cancellations less than 30 days before the start of the Seminar, no reimbursement shall be made.