

La genetica e la clinica: un imprescindibile connubio nella diagnosi delle malattie muscolari complesse il punto di vista del clinico

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Le Miopatie sono Malattie Rare

- Nella Unione Europea una malattia è considerata rara se colpisce un numero di pazienti con una prevalenza di 5/10.000
- esistono 7000-8000 malattie rare e >50% sono malattie neurologiche
- in Europa ci sono 24-36 milioni di persone con malattia rara su circa 500 milioni di abitanti

in Italia

- le malattie rare interessano circa 2 milioni di persone e < 1 milione ha una patologia neurologica rara

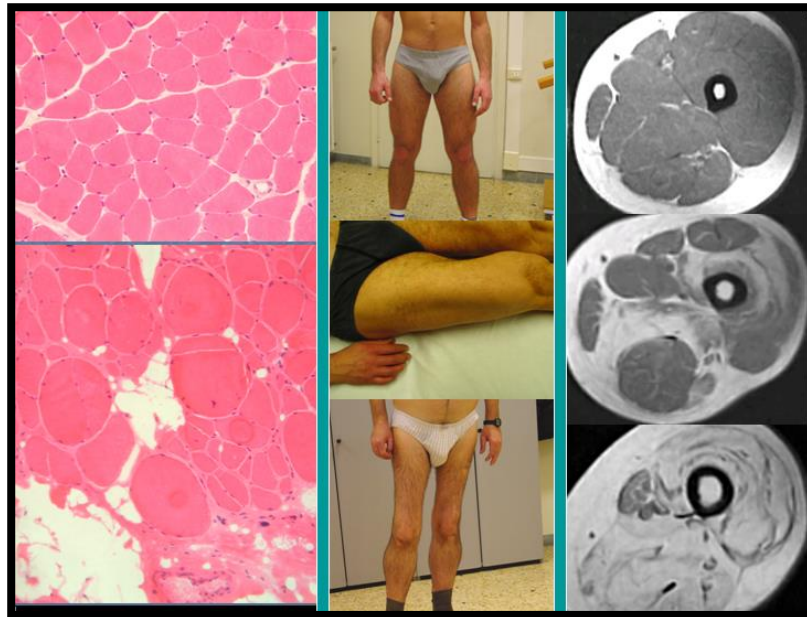
Le miopatie

Miopatie
distrofiche e/o
degenerative

Miopatie infiammatorie

Miopatie metaboliche

Miopatie - > diagnosi



- La diagnosi di una miopatia si fa combinando le caratteristiche cliniche, le evidenze che vengono dalla biopsia muscolare e gli aspetti di RM - > tali elementi orientano l'indagine genetica o indirizzano la cura
- L'analisi genetica è in genere l'ultimo step dell'iter diagnostico; in alcuni casi in cui la clinica consente una forte ipotesi diagnostica si effettua come primo step -> analisi di singoli geni: es. Duchenne, Distrofia Miotonica, FSH...

Miopatie -> diagnosi

La relativa accessibilità delle tecnologie di NGS *next sequencing* rende potenzialmente più semplice la definizione genetica delle malattie neuromuscolari.

Con le nuove tecnologie di NGS è possibile effettuare un'indagine genetica estesa senza dover necessariamente ipotizzare un gene responsabile *a priori*.

Problematiche

- a) Mancata individuazione delle <espansioni di triplette>
- b) Identificazione di varianti non correlate al fenotipo
- c) Non completa copertura dei geni
- d) Numero elevato di varianti non riportate

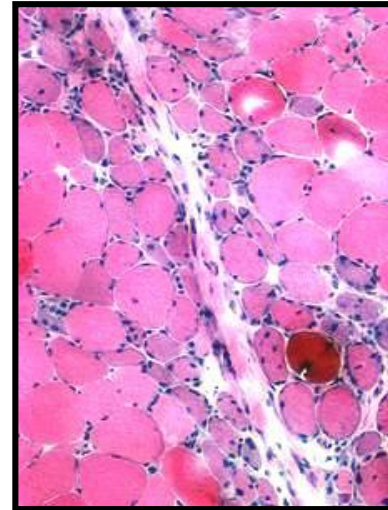


Biopsia muscolare

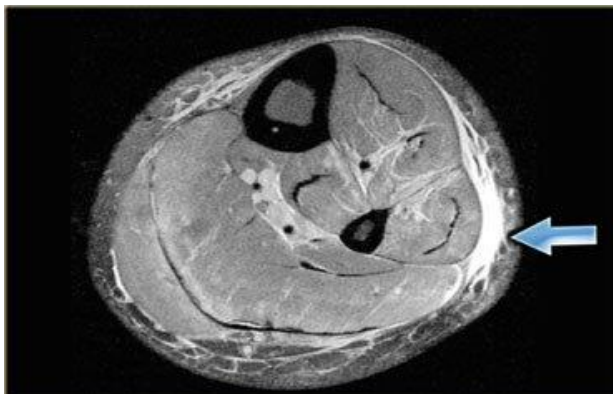
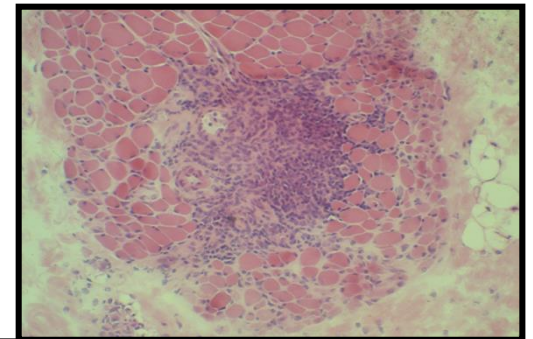
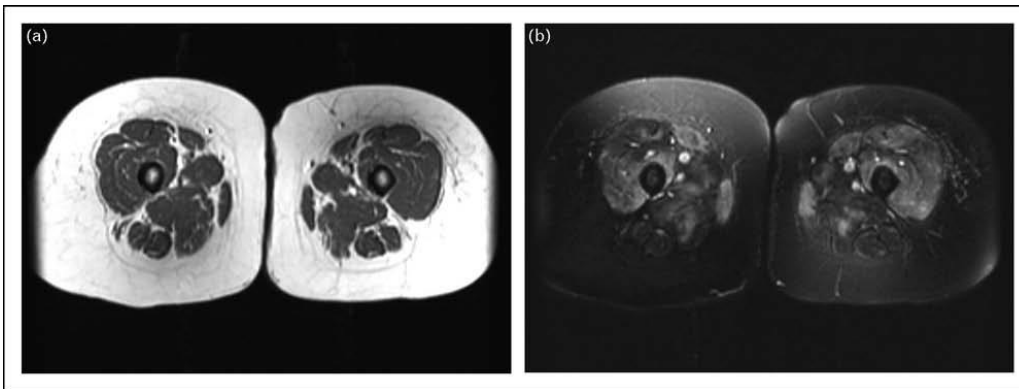


- Riveste ancora un ruolo centrale nell'iter diagnostico nell'adulto
- L'esame della biopsia muscolare consente
 1. **analisi morfologica** convenzionale
 2. **analisi istoenzimatica** per informazioni inerenti la struttura e il funzionamento metabolico
 3. **analisi morfometrica** per dimensione e distribuzione per tipo delle fibre
 4. **analisi immunopatologica** per lo studio delle cellule infiammatorie
 5. **analisi immunoistochimica** per lo studio delle proteine muscolari coinvolte nelle varie patologie
 6. **analisi molecolare** per i livelli di espressione delle varie proteine
 7. **dosaggi biochimici** (nel sospetto di una miopatia metabolica),
 8. estrazione e analisi del DNA mitocondriale (non di routine)
 9. analisi ultrastrutturale (non di routine)

Miopatie infiammatorie



PM
NAM

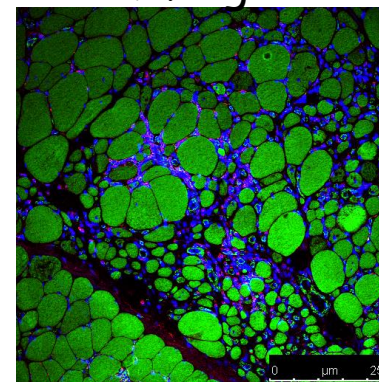
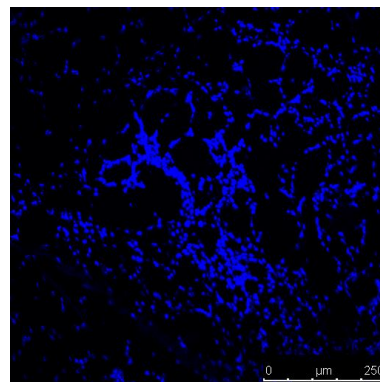
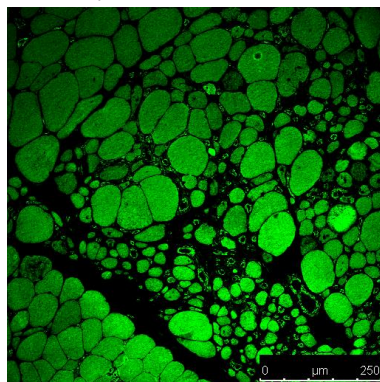
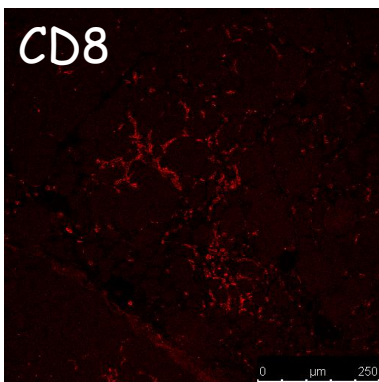


DM

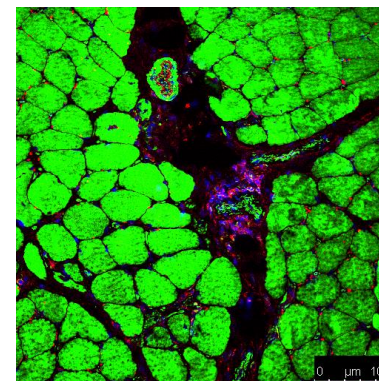
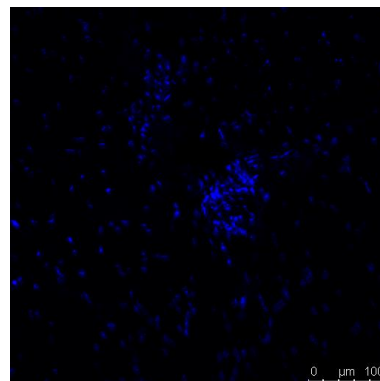
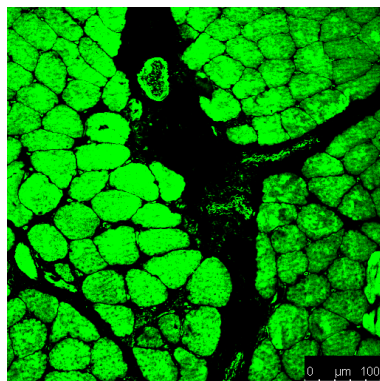
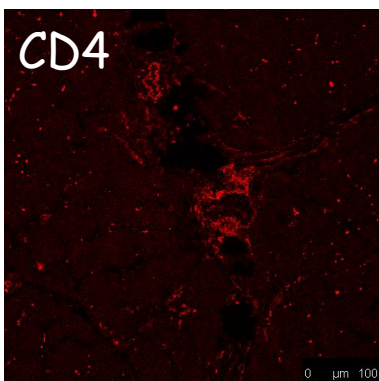
Falloidina

Hoechst

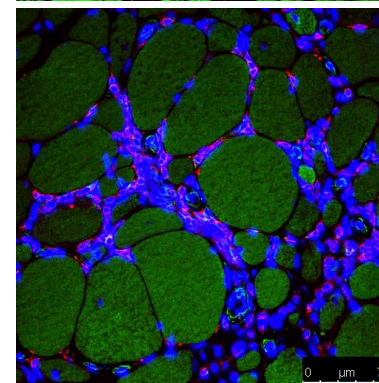
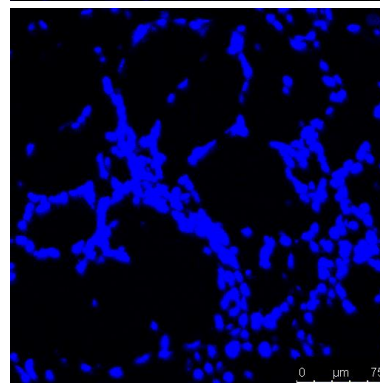
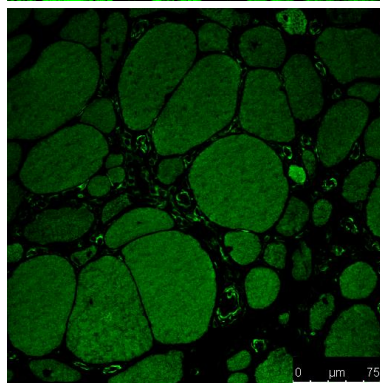
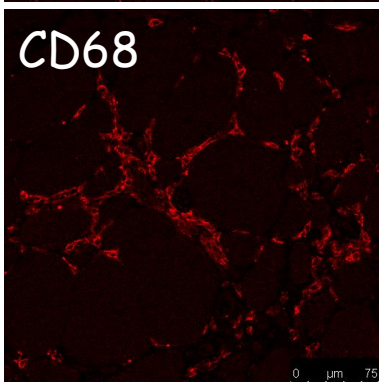
Merge



PM
Anti-PL7

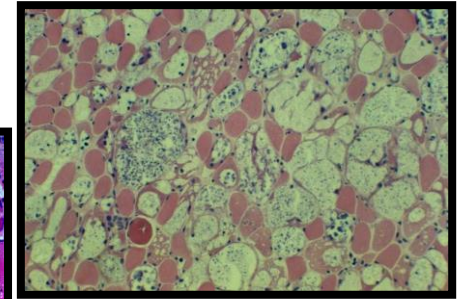
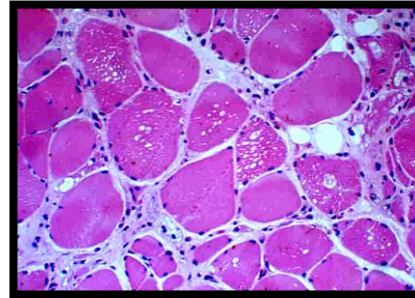
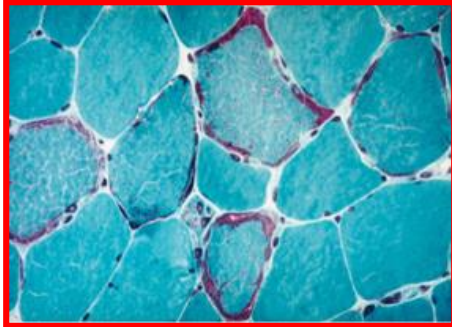


DM
Anti-NXP2

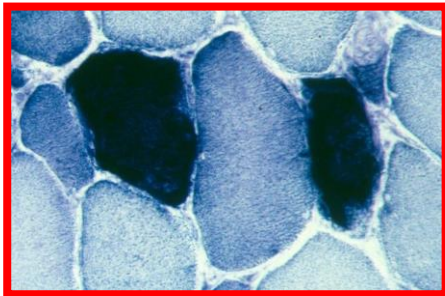


NAM
Anti-SRP

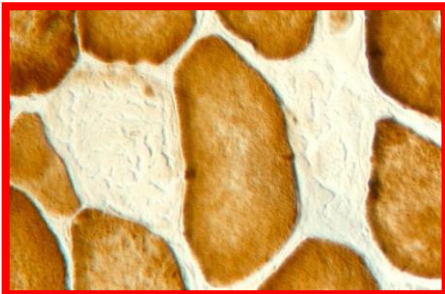
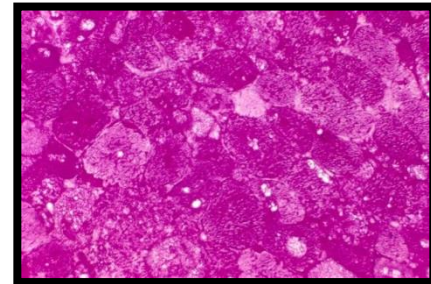
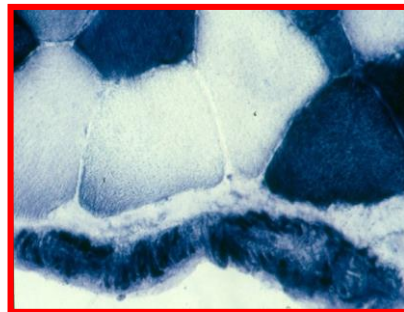
Miopatie metaboliche



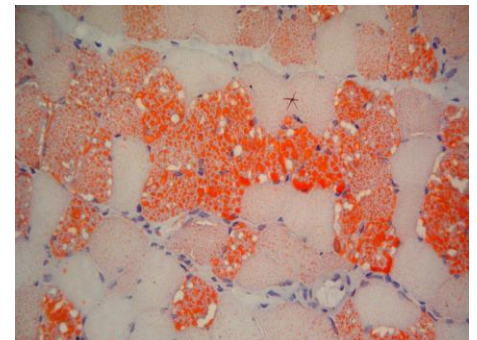
glicogenosi



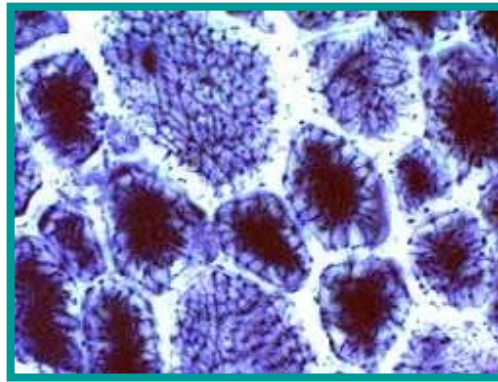
miopatia
mitocondriale



miopatia da
accumulo di
lipidi

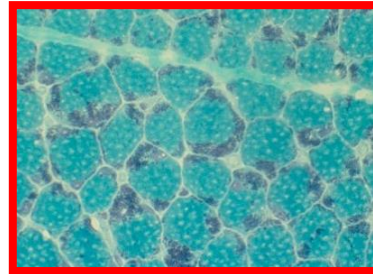


Miopatia miotubulare: arresto maturativo delle fibre muscolari con assenza della migrazione dei nuclei alla periferia (simili ai miotubi alla 22°-24° sett. età gestazionale) -> marcato aumento dei **nuclei centralizzati** presenti nel 30-95% delle fibre

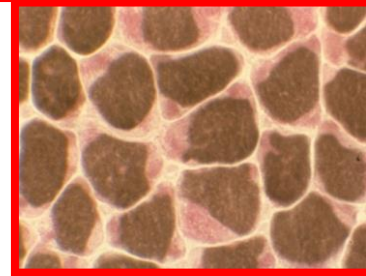


Geni: MTM1, DNM2, BIN1, RYR1; TTN, SPEG, CCDC78, CACNA1S

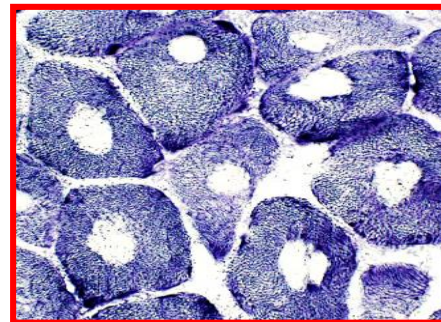
Miopatia nemalinica
corpi nemalinici → inclusioni intracitoplasmatiche eosinofile che contengono α -actinina (maggiore componente della linea Z) a disposizione subsarcolemmale o perinucleare; predominanza fibre di tipo 1



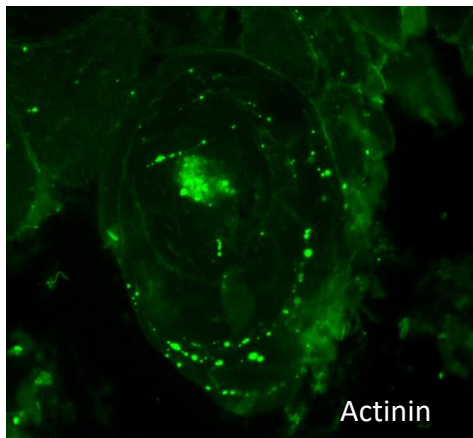
Geni: NEB, ACTA1, TPM3, TPM2, CFL2, KLHL40, KLHL41, KBTBD13, TNNT1; MYPN, LMOD3, MYO18B



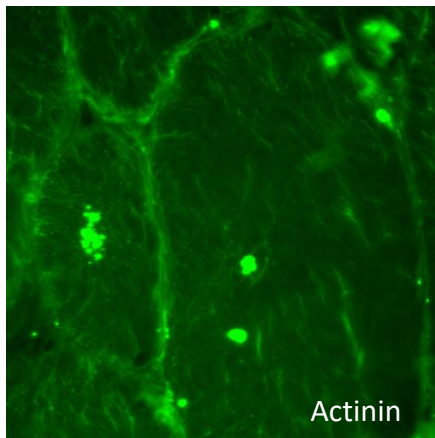
Miopatia central core
"Core" all'interno delle fibre, per tutto il decorso
- alterazione dei dischi Z
- nei "core" assenza di attività enzimatica ossidativa e mitocondri



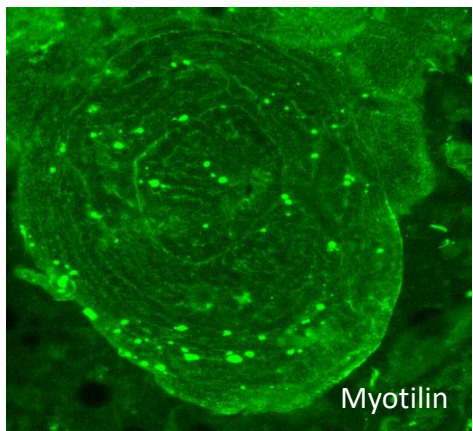
Geni: RYR1, SEPN1, MYH7, ACTA1, TTN, CFL2; MYH2, MEGF10, ACADS, TRIP4



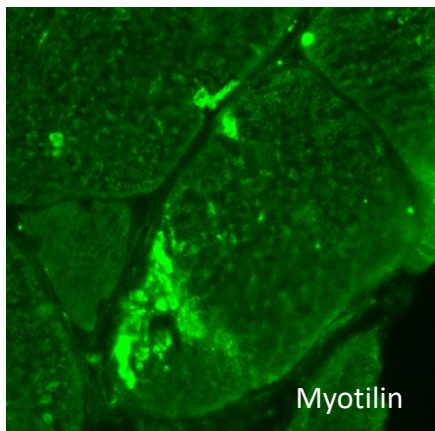
Actinin



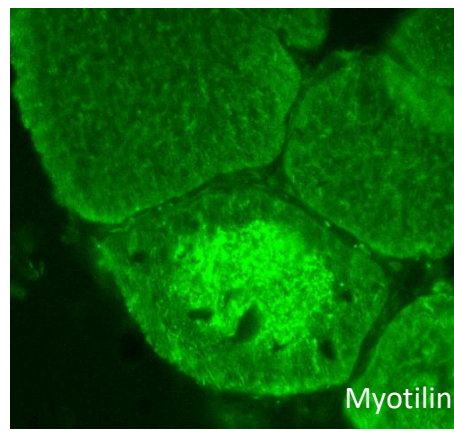
Actinin



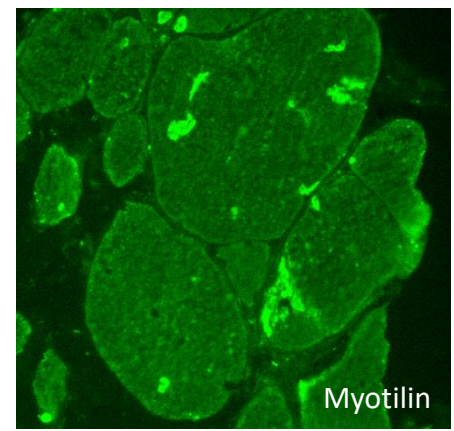
Myotilin



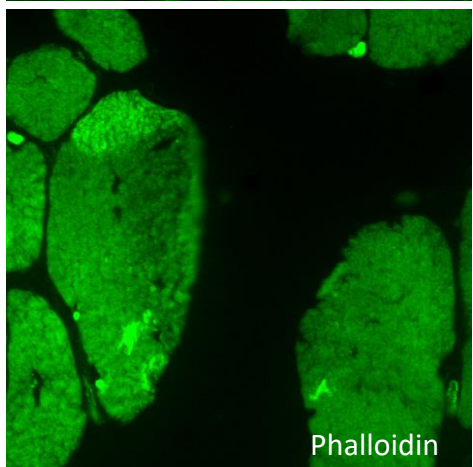
Myotilin



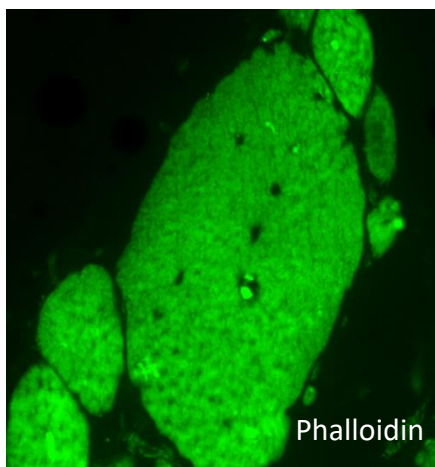
Myotilin



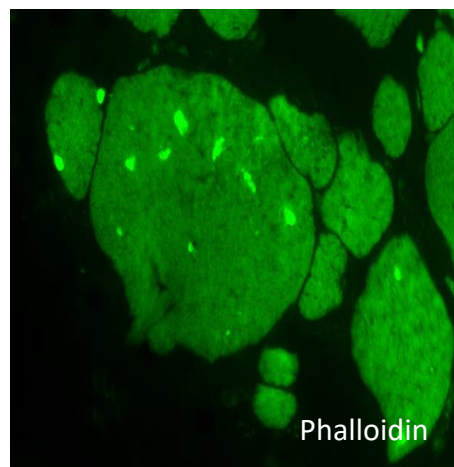
Myotilin



Phalloidin



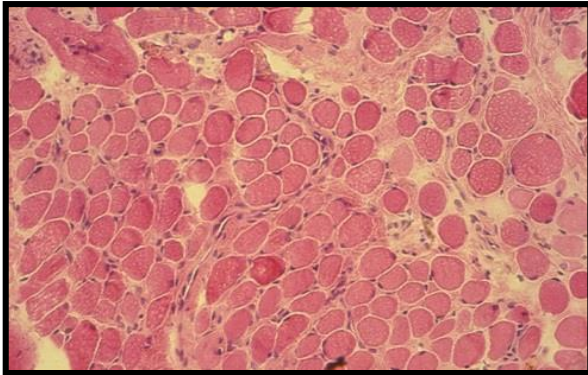
Phalloidin



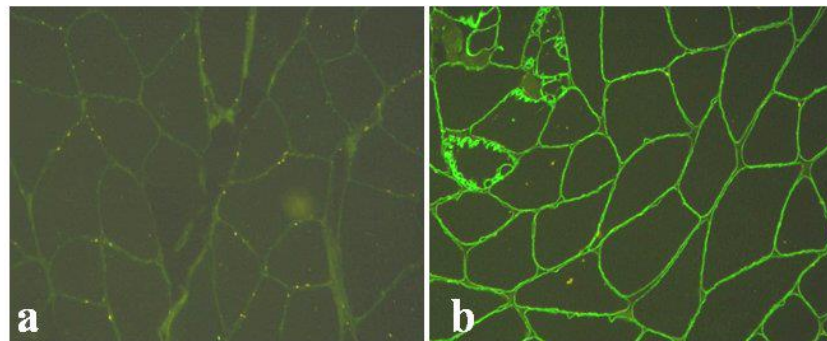
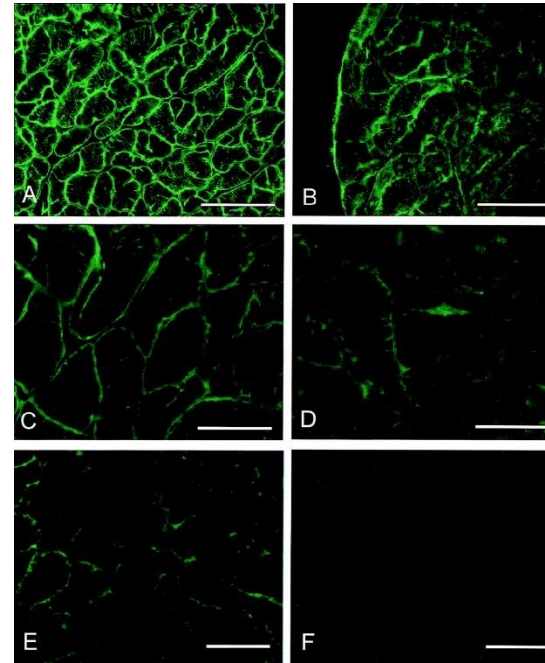
Phalloidin

**Miopatia
nemalinica**

Acta1



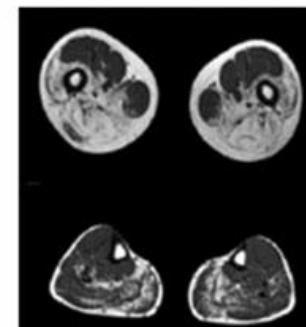
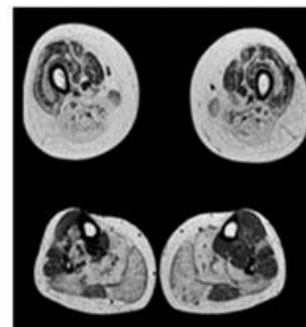
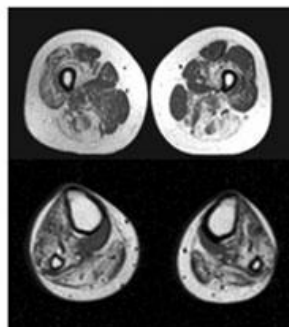
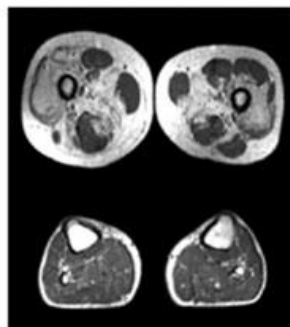
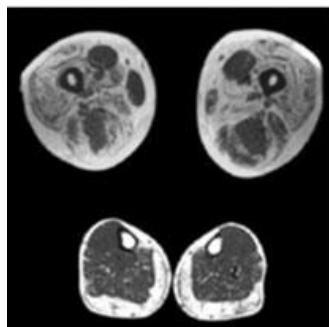
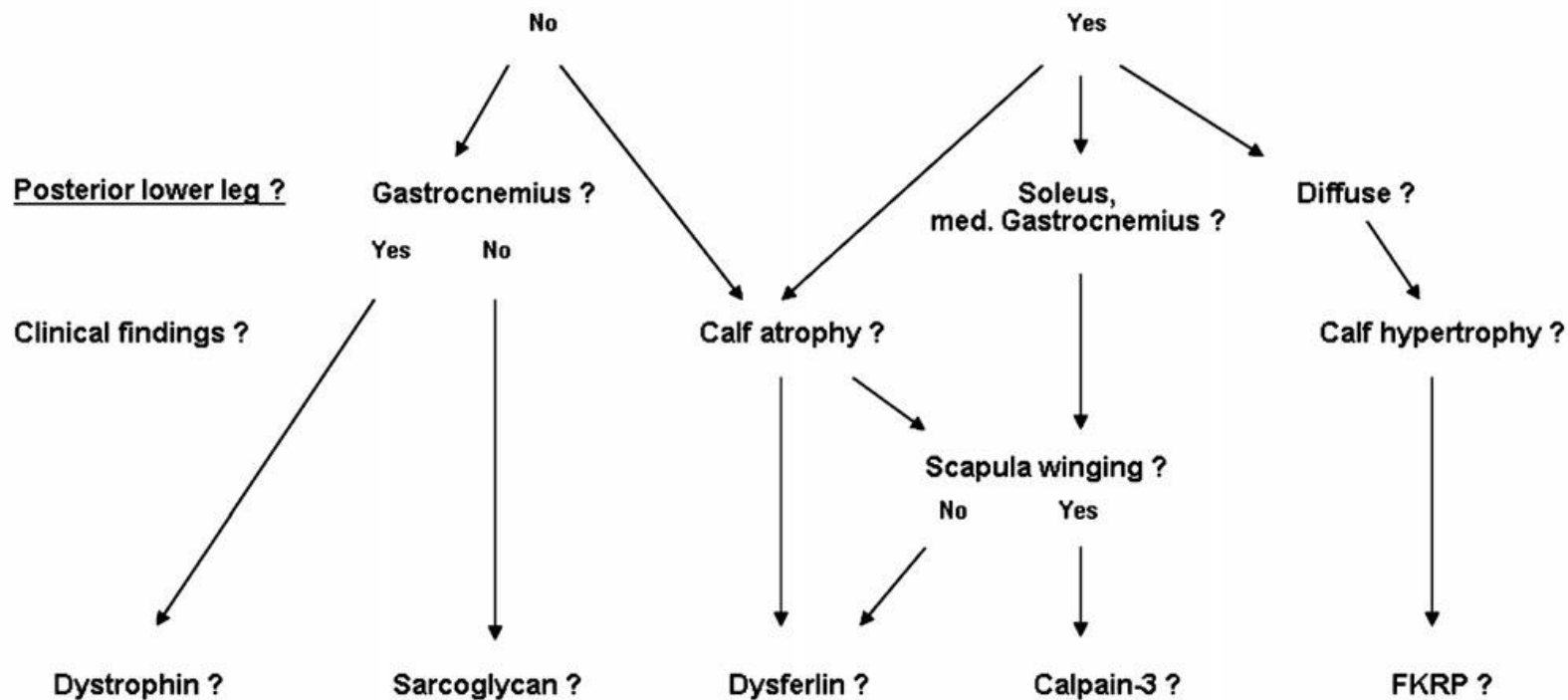
LGMD2 C,D,E,F ->
sarcoglicanopatie (AR)
 IC: a volte evidenzia uno
 specifico difetto, spesso
 difetti multipli di tutti i
 sarcoglicani



LGMD1C - caveolinopatia
 AD: mutazioni eterozigoti nel gene **CAV3**

Thigh ?

Posterior > anterior compartment



Miopatie -> diagnosi

Con le nuove tecnologie di **NGS** è possibile effettuare un'indagine genetica estesa senza dover necessariamente ipotizzare un gene responsabile *a priori*.

Problematiche

- a) Mancata individuazione delle <espansioni di triplette>
- b) Identificazione di varianti non correlate al fenotipo
- c) Non completa copertura dei geni
- d) Numero elevato di varianti non riportate



❖ Distrofia Miotonica tipo 1 (DM1)

- trasmissione **autosomica dominante**
- gene (19q13.3) che codifica la miotonina protein kinasi
- espansione di ripetizione di una tripletta basi (CTG)
- La tripletta è ripetuta > 50 volte -> migliaia
- il numero di ripetizioni è proporzionale alla gravità del fenotipo clinico
- Miopatia + miotonia
- **Multisistemica** (muscolo scheletrico e liscio, cuore, cristallino, sistema nervoso centrale, endocrinopatie)
- Esordio clinico variabile
- **Anticipazione** della malattia in successive generazioni (esordio più precoce, fenotipo più grave)



❖ Distrofia Miotonica tipo 2 (DM2) o

Miopatia Miotonica Proximale (PROMM)

- trasmissione **autosomica dominante**
- espansione di ripetizione CCTG nell'introne 1 del gene CNBP (3q21) > 55 -> migliaia
- deficit prossimale senza coinvolgimento facciale o bulbare; frequentemente mialgie

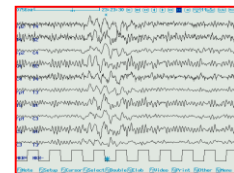
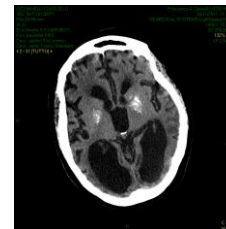
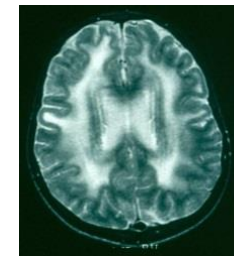
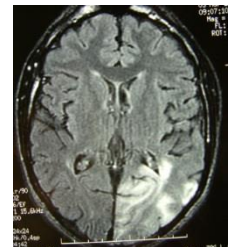
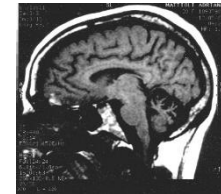
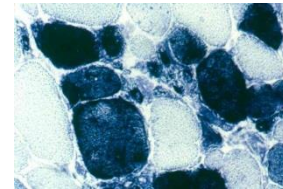
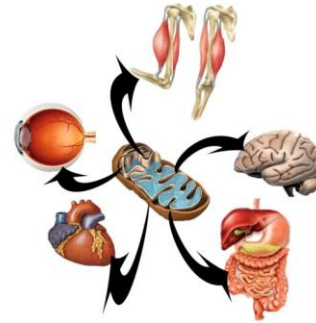


DIAGNOSI: CLINICA + EMG + GENETICA

Malattie mitocondriali cl clinicamente eterogenee

- sindromiche e non-sindromiche
- spesso multisistemiche
- esordio: dalla nascita alla vecchiaia

1. il sistema più frequentemente colpito è il **sistema nervoso periferico** (**muscolo** e nervo)
2. a seguire il **sistema nervoso centrale**
3. e poi... orecchio, apparato endocrino, cuore, occhio, intestino, rene, midollo osseo...

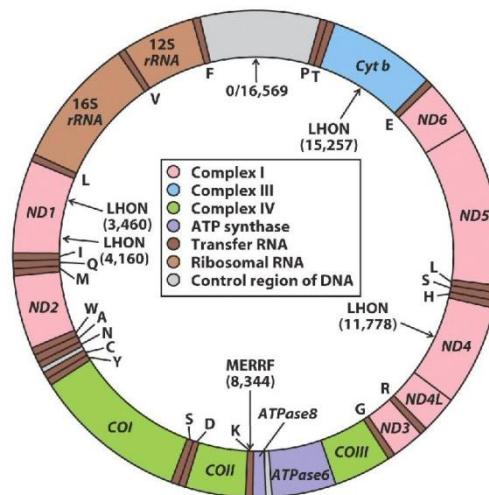
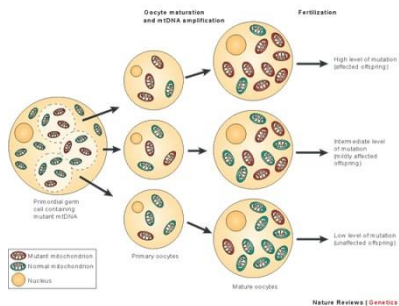


➤ I mitocondri sono ubiquitari
(solo i globuli rossi non hanno mitocondri)

Malattie mitocondriali geneticamente eterogenee

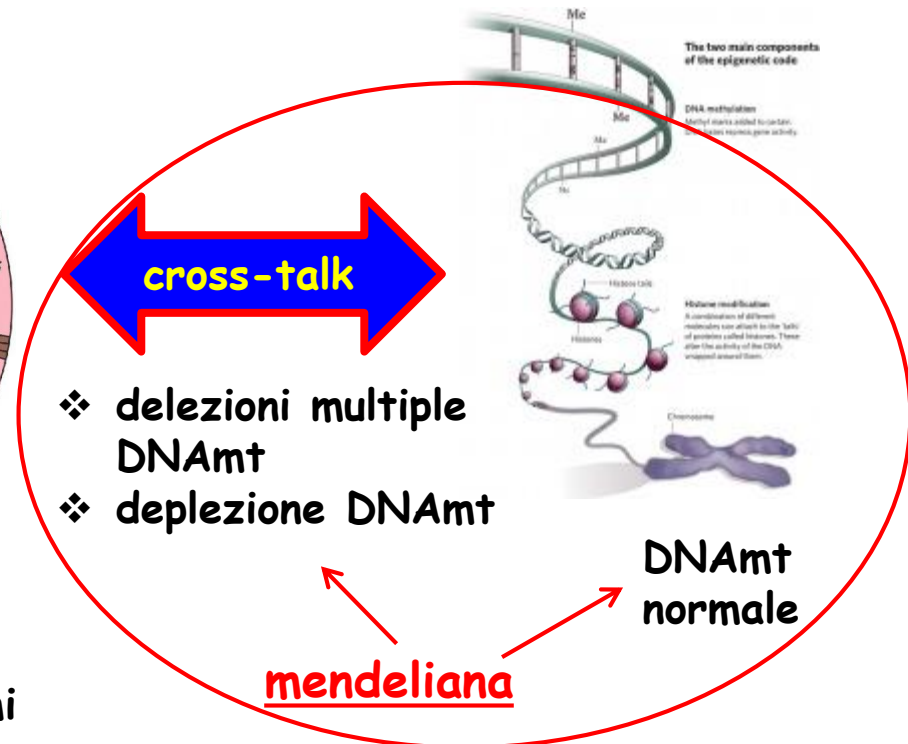
Doppio contributo genomico

- 1500 proteine mitocondriali; solo 13 codificate dal DNA mitocondriale
- Negli adulti: prevalenza per le mutazioni del DNAm 1:5000; per le mutazioni del DNA nucleare 2.9: 100.000 (Gorman et al. 2015)



- ❖ delezione singola del DNAm
- ❖ mutazioni puntiformi DNAm

- trasmissione materna
- eteroplasmia
- segregazione mitotica
- effetto soglia



- ❖ delezioni multiple DNAm
- ❖ deplezione DNAm

mendeliana

DNAm normale

Malattie mitocondriali in sintesi

Fenotipi più comuni o meglio definiti

- Progressive External Ophthalmoplegia (**PEO**)
- Kearns Sayre Syndrome (**KSS**)
- Mitochondrial encephalomyopathy, lactic acidosis and stroke-like episodes (**MELAS**)
- Myoclonic epilepsy and ragged red fibres (**MERRF**)
- Leber's hereditary optic neuropathy (**LHON**)
- Sindrome di Leigh

Mutazioni del DNA mitocondriale più comuni

- **Delezione singola sporadica** -> il difetto genetico più comune nell'adulto
- **Mutazione A3243G** (MELAS, PEO, Encefalopatia, Cardiopatia, Diabete/sordità) -> la mutazione puntiforme più comune
- **Mutazione A8344G** (MERRF, PEO, miopatia, encefalomiopatia, Leigh)

Geni nucleari più comunemente coinvolti

- POLG1, Twinkle, OPA1

delezione
singola
DNAMt
sporadica

Del-S, Mut.Punt., Del-Mul
sporadica, materna, dominante
recessiva

delezione
singola
DNAMt
sporadica

PEO → **PEO plus** → **KSS**

lieve
miopatia

lentamente
progressiva



miopatia
> = <
CNS

multi
sistemica

variabile
gravità e
progressione

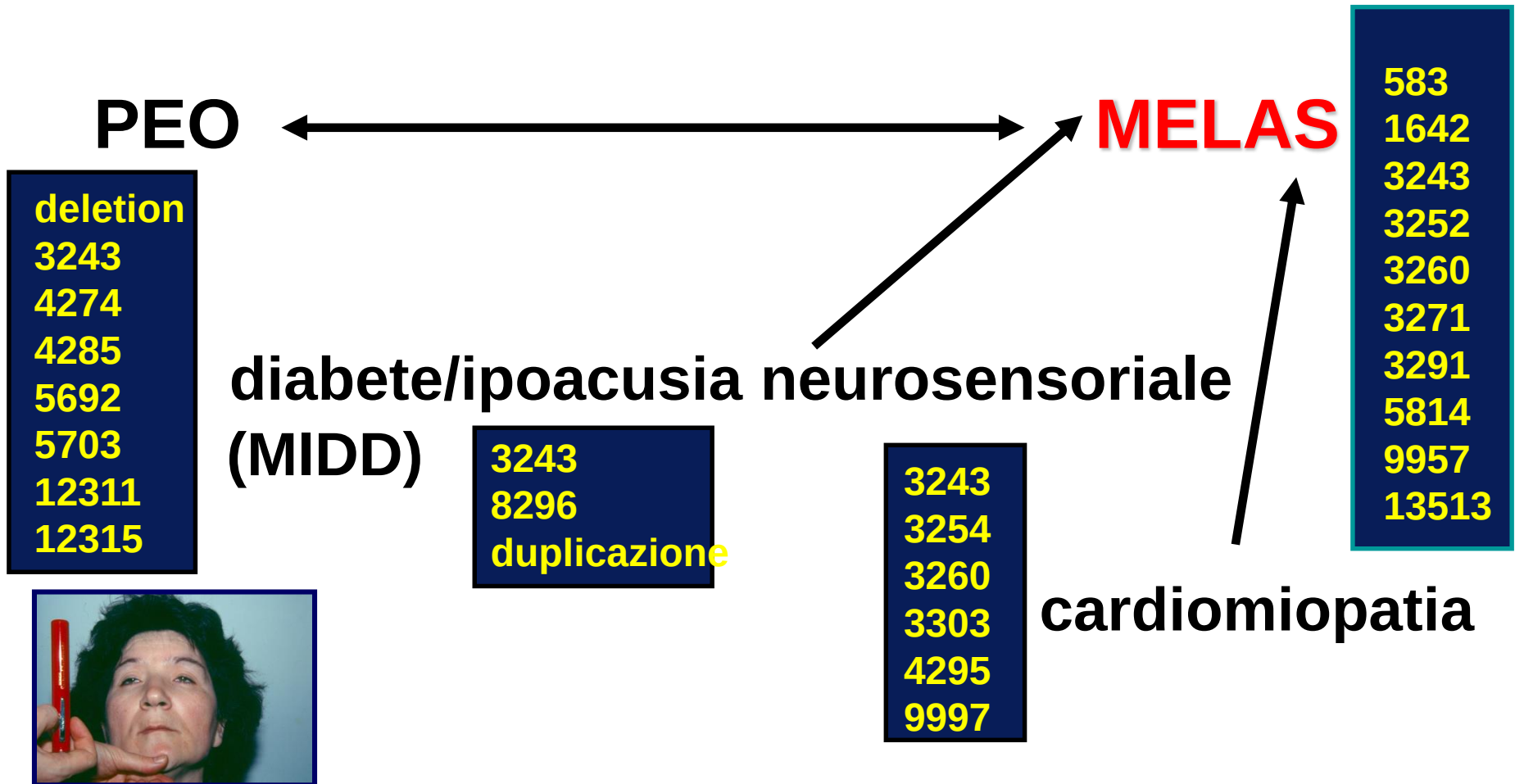
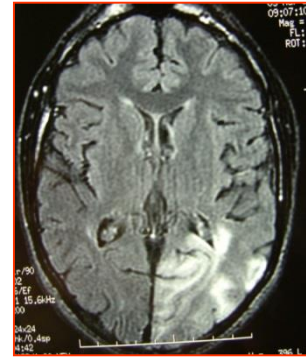
CNS
>>>>
miopatia

multi
sistemica
grave

PEO manifestazione
clinica più comune delle
malattie mitocondriali

Età d'esordio
infanzia -> vecchiaia

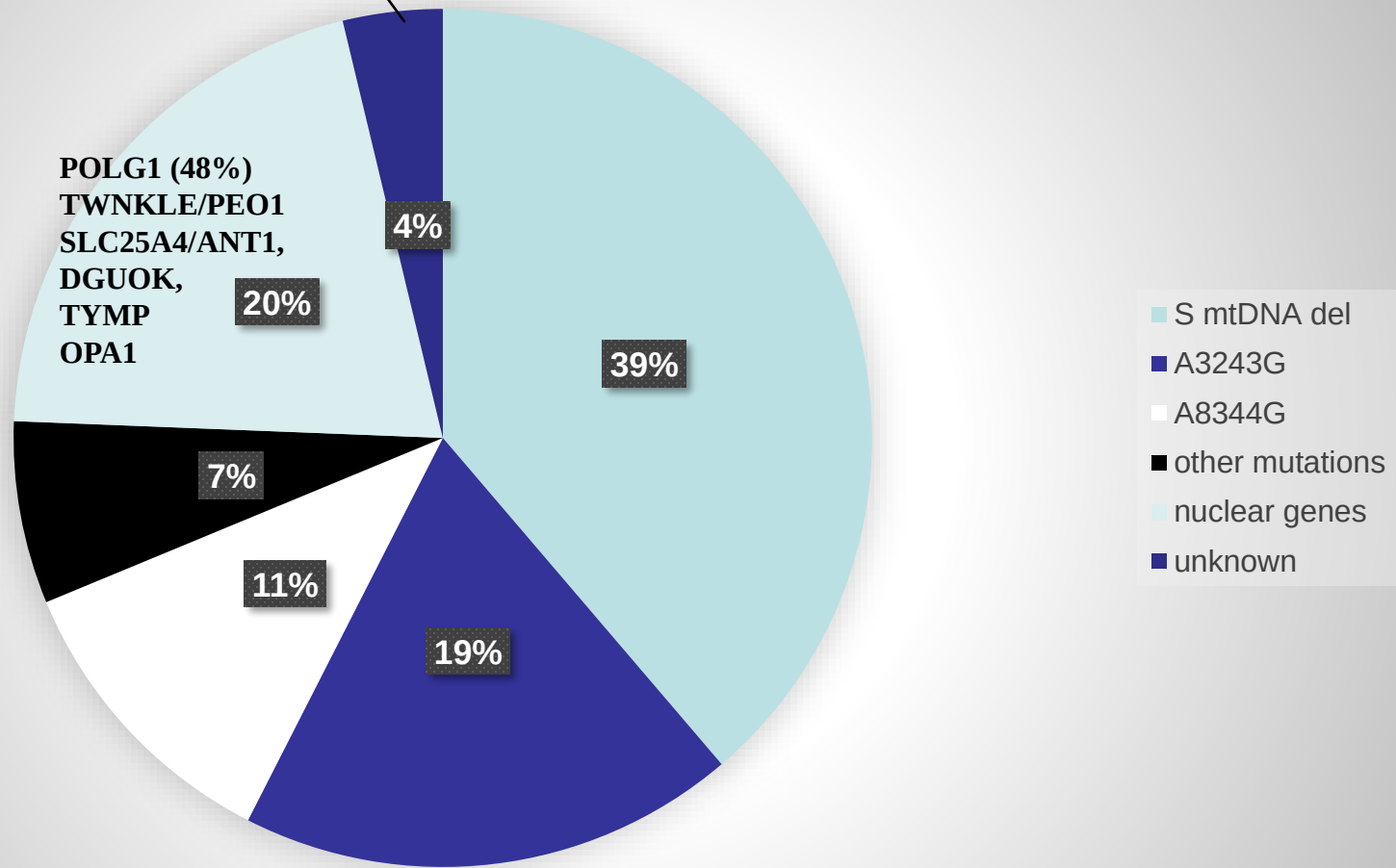
- La **mutazione A3243G** è presente nell'80% dei casi di MELAS
- È la più comune mutazione puntiforme del DNAm

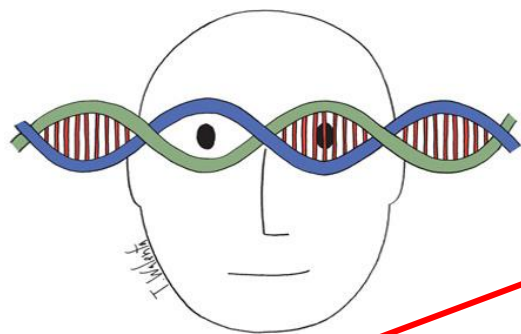
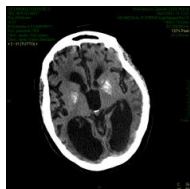
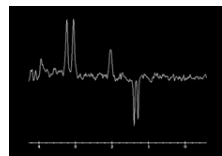


160 consecutive adult patients with PMM

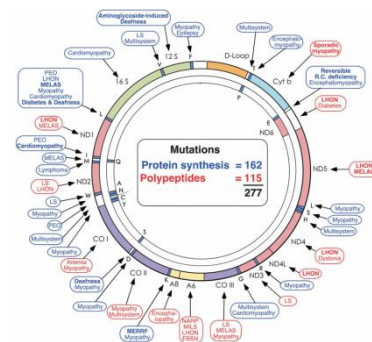
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nuclear genes panel

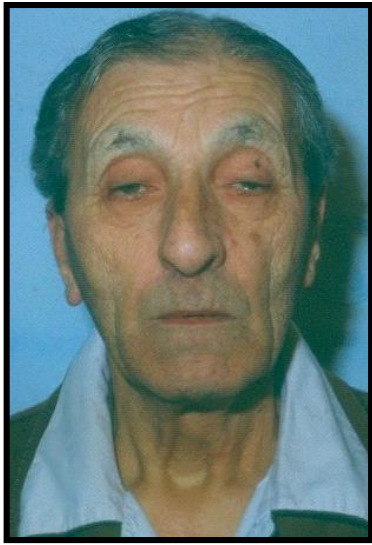


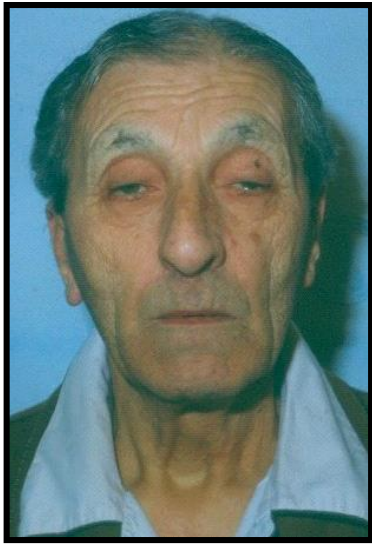


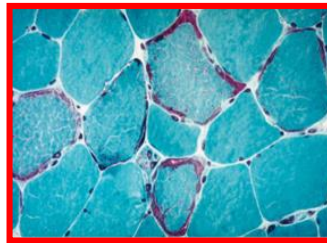
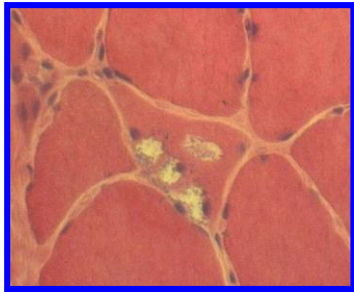
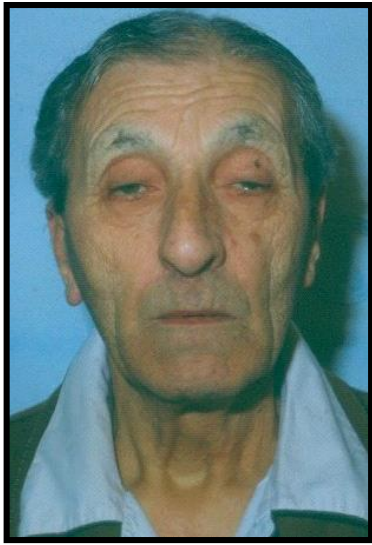
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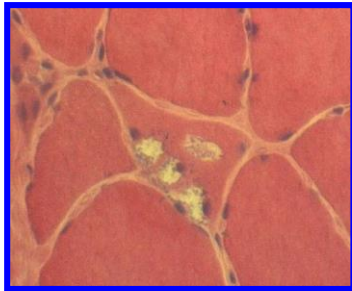
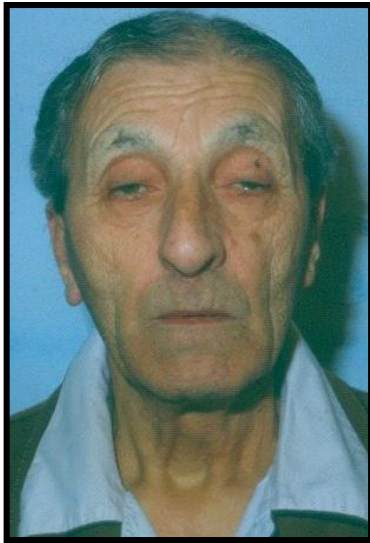


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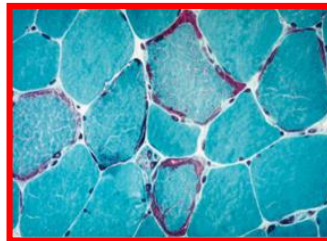






**espansione
CGC ex1 PABN1
14q11.2-q13**

OPMD



**A8344G
tRNA^{Ala}
DNAm^t**

MERRF



**espansione
CTG >50 in DMPK
19q13.3**

DM1

distrofie muscolari tipo "cingoli" (LGMD)

- **LGMD2: Recessive**

2A: CAPN; 15q15
2B: Dysferlin; 2p13.1
2C: γ -Sarcoglycan; 13q12
2D: α -Sarcoglycan; 17q21
2E: β -Sarcoglycan; 4q12
2F: δ -Sarcoglycan; 5q33
2G: Telethonin; 17q11-12
2H: TRIM32; 9q31-q33
2I: FKR1P; 19q13.3
2J: Titin; 2q31
2K: POMT1; 9q34
2L: anoctamina 5; 11p13-p12
2M: Fukutin; 9q31
2N: POMT2; 14q24
2O: POMGnT1; 1p34.1

2V: GAA; 17q21-q23 (Pompe)

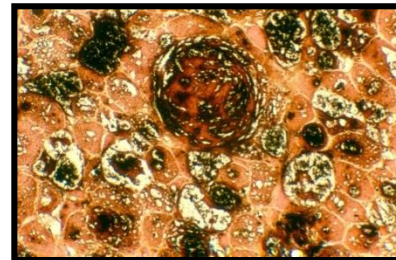
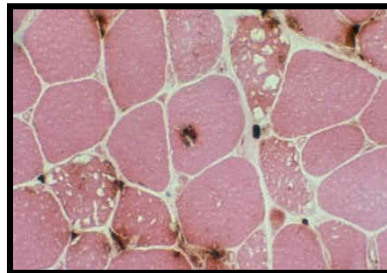
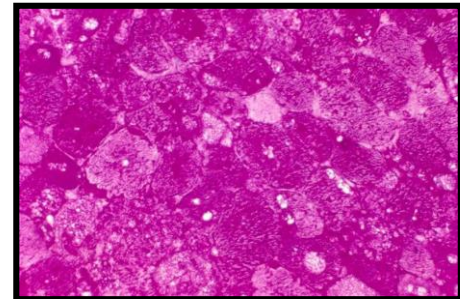
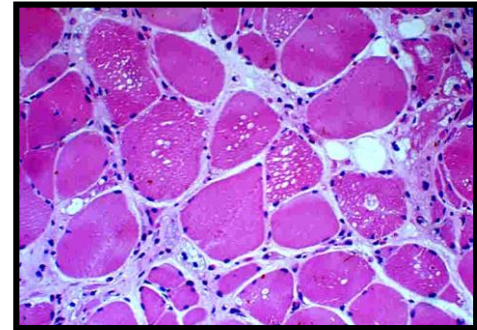
↓
-----> 2Z

- **LGMD1: Dominanti**

1A: Myotilin; 5q31;
Dysarthria
1B: Lamin A/C; 1q21; +
Cardiac
1C: Caveolin-3; 3p25;
Child onset
1D: 7q
Dilated Cardiomyopathy
(?1E): 6q23
1F: TNPO3; 7q32
1G: 4p21
1H: 3p23
1I: CAPN

POMPE

- dosaggio biochimico della maltasi acida
- genetica -> analisi del gene *GAA*



Le distrofie muscolari - LGMD

Fenotipo comune

- ❖ Debolezza muscolare generalmente prossimale e simmetrica
- ❖ Ipertrofia dei polpacci
- ❖ Muscoli oculomotori risparmiati
- ❖ Debolezza dei mm. mimici assente nelle prime fasi della malattia, ma può manifestarsi nelle fasi più avanzate

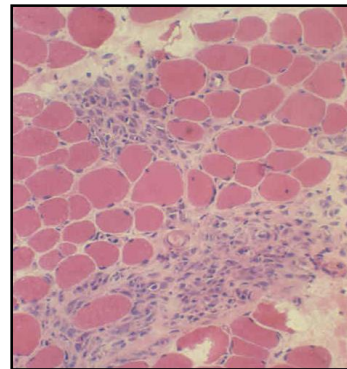
LGMD

debolezza a distribuzione distale

Deficit distali soprattutto in

✓ forme dominanti: LGMD1A (miotilina), 1C (caveolina), 1E (desmina)

✓ forme recessive: deficit distale talora > prossimale in LGMD2B (disferlina) e 2L (anoctamina 5) -> miopatia distale tipo Miyoshi



DYSF 2p12p13

LGMD

asimmetria

Deficit tipicamente simmetrico, ma
asimmetria in

- ❖ portatrici manifeste DMD
- ❖ FSHD > quasi sempre
- ❖ LGMD2L (anoctamina 5) →
> nella maggioranza dei pazienti
- ❖ LGMD2A (calpaina), LGMD2B
(disferlina) > abbastanza frequente



The genetic basis of undiagnosed muscular dystrophies and myopathies

Results from 504 patients

ABSTRACT

Objective: To apply next-generation sequencing (NGS) for the investigation of the genetic basis of undiagnosed muscular dystrophies and myopathies in a very large cohort of patients.

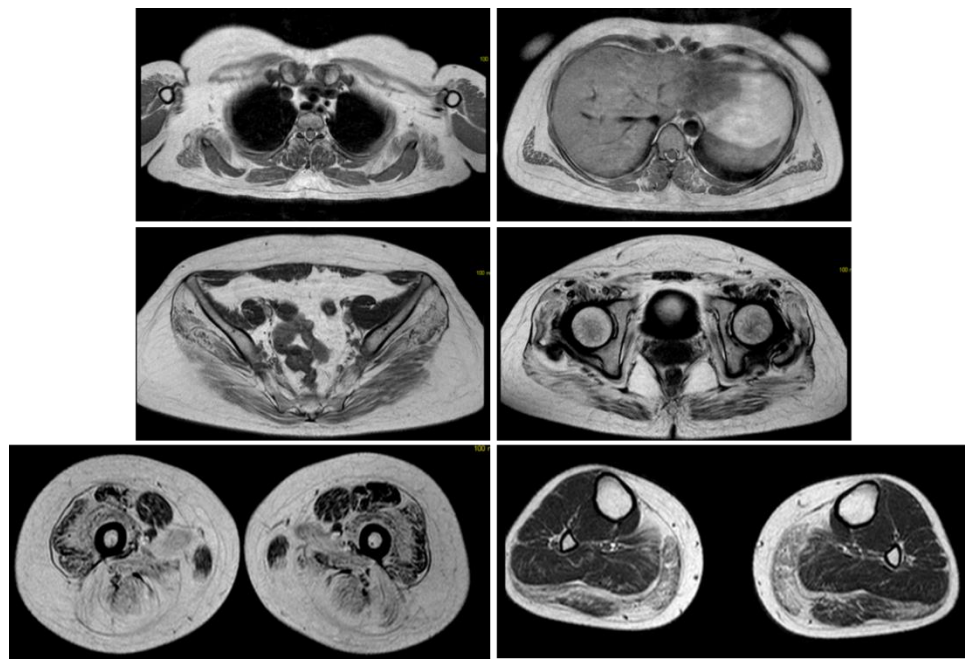
Methods: We applied an NGS-based platform named MotorPlex to our diagnostic workflow to test muscle disease genes with a high sensitivity and specificity for small DNA variants. We analyzed 504 undiagnosed patients mostly referred as being affected by limb-girdle muscular dystrophy or congenital myopathy.

Results: MotorPlex provided a complete molecular diagnosis in 218 cases (43.3%). A further 160 patients (31.7%) showed as yet unproven candidate variants. Pathogenic variants were found in 47 of 93 genes, and in more than 30% of cases, the phenotype was nonconventional, broadening the spectrum of disease presentation in at least 10 genes.

Conclusions: Our large DNA study of patients with undiagnosed myopathy is an example of the ongoing revolution in molecular diagnostics, highlighting the advantages in using NGS as a first-tier approach for heterogeneous genetic conditions. *Neurology*® 2016;87:71-76

Table 1 LGMD genes²²

Disease	Locus	Gene	No. of patients
LGMD1B	1q22	LMNA	3
LGMD1C	3p25.3	CAV3	2
LGMD2A	15q15	CAPN3	22
LGMD2B	2p13.2	DYSF	15
LGMD2C	13q12	SGCG	4
LGMD2D	17q21	SGCA	10
LGMD2E	4q12	SGCB	6
LGMD2G	17q12	TCAP	1
LGMD2H	9q33.1	TRIM32	1
LGMD2I	19q13.3	FKRP	7
LGMD2J	2q24.3	TTN	5
LGMD2K	9q34.1	POMT1	1
LGMD2L	11p13	ANO5	15
LGMD2M	9q31	FKTN	2
LGMD2N	14q24	POMT2	6
LGMD2R	2q35	DES	1
LGMD2S	4q35.1	TRAPPC11	2
LGMD2T	3p21	GMPPB	2
LGMD2V	17q25	GAA	10



<i>Gene</i>	<i>Locus</i>	<i>Genotipo</i>	<i>Variante</i>		<i>rsID</i>
LMNA	chr1:156104230	Eterozigote	c.550C>T	p.Gln184X	-
CAPN3	chr15:42680000	Eterozigote	c.550delA	p.Thr184Argfs	rs80338800
CAPN3	chr15:42700421	Eterozigote	c.1813G>C	p.Val605Leu	-

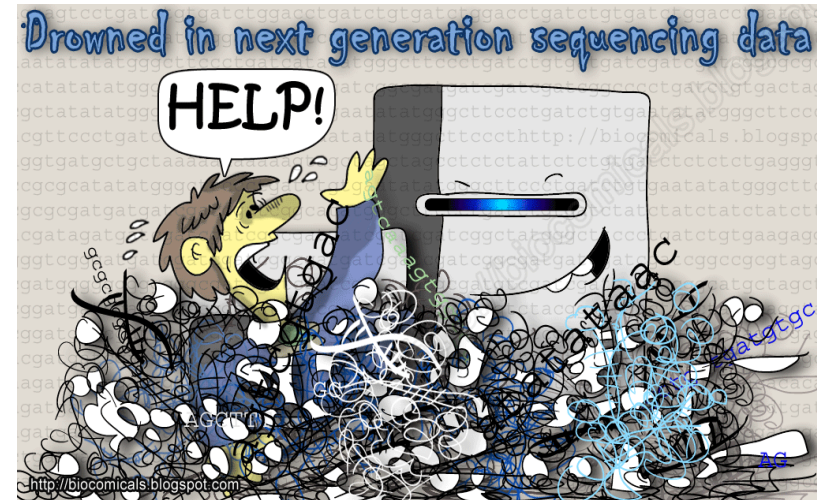
Mutazioni Calpaina: compatibili con il fenotipo muscolare

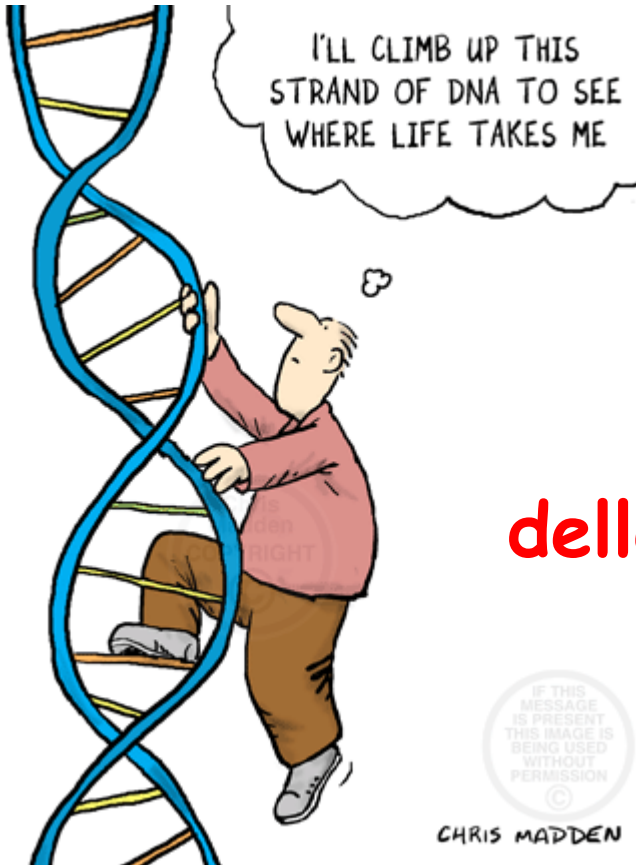
Mutazione Lamina: nuova ma classificata come patogena

- la sequenza dell'esoma e tutte le altre tecnologie di NGS e «omiche» sono nuove e potenti strategie in grado di identificare nuovi geni e biomolecole

ma

- necessaria l'analisi e l'interpretazione di numerosissimi dati per far emergere dal rumore di fondo specifici geni o biomolecole
- l'uso improprio di tali tecnologie può condurre a errori diagnostici o erronea attribuzione di una data manifestazione clinica ad una certa mutazione
- necessaria una corretta fenotipizzazione attraverso una collezione estensiva di dati clinici, patologici e di *imaging*





La genetica e la clinica: un imprescindibile connubio nella diagnosi delle malattie muscolari complesse

